

Cardiovascular safety of non-steroidal anti-inflammatory drugs: network meta-analysis

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ABSTRACT

Objective To analyse the available evidence on cardiovascular safety of non-steroidal anti-inflammatory drugs.

Design Network meta-analysis.

Data sources Bibliographic databases, conference proceedings, study registers, the Food and Drug Administration website, reference lists of relevant articles, and reports citing relevant articles through the Science Citation Index (last update July 2009).

Manufacturers of celecoxib and lumiracoxib provided additional data.

Study selection All large scale randomised controlled trials comparing any non-steroidal anti-inflammatory drug with other non-steroidal anti-inflammatory drugs or placebo. Two investigators independently assessed eligibility.

Data extraction The primary outcome was myocardial infarction. Secondary outcomes included stroke, death from cardiovascular disease, and death from any cause. Two investigators independently extracted data.

Data synthesis 31 trials in 116 429 patients with more than 115 000 patient years of follow-up were included. Patients were allocated to naproxen, ibuprofen, diclofenac, celecoxib, etoricoxib, rofecoxib, lumiracoxib, or placebo. Compared with placebo, rofecoxib was associated with the highest risk of myocardial infarction (rate ratio 2.12, 95% credibility interval 1.26 to 3.56), followed by lumiracoxib (2.00, 0.71 to 6.21). Ibuprofen was associated with the highest risk of stroke (3.36, 1.00 to 11.6), followed by diclofenac (2.86, 1.09 to 8.36). Etoricoxib (4.07, 1.23 to 15.7) and diclofenac (3.98, 1.48 to 12.7) were associated with the highest risk of cardiovascular death.

Conclusions Although uncertainty remains, little evidence exists to suggest that any of the investigated drugs are safe in cardiovascular terms. Naproxen seemed least harmful. Cardiovascular risk needs to be taken into account when prescribing any non-steroidal anti-inflammatory drug.

INTRODUCTION

Non-steroidal anti-inflammatory drugs (NSAIDs) have been the cornerstone of pain management in patients

with osteoarthritis and other painful conditions. In the United States an estimated 5% of all visits to a doctor are related to prescriptions of non-steroidal anti-inflammatory drugs and they are among the most commonly used drugs.^{1,2} In 2004, rofecoxib, marketed as a cyclo-oxygenase-2 (COX 2) selective inhibitor, was withdrawn from the market after the results of a randomised placebo controlled trial³ showed an increased risk of cardiovascular events associated with the drug. This finding was confirmed in other trials and a cumulative meta-analysis.⁴ Since then debate has surrounded the cardiovascular safety of cyclo-oxygenase-2 selective inhibitors, followed by similar concerns about traditional non-steroidal anti-inflammatory drugs.⁵ More recently, the US Food and Drug Administration decided against the approval of etoricoxib because of its inadequate risk-benefit profile.⁶

These debates and the patchwork of evidence resulting from multiple trials and cohort studies have unsettled practising clinicians.⁷ Several standard meta-analyses were unable to resolve the debate because they failed to integrate all available randomised evidence in one analysis. Network meta-analysis allows a unified, coherent analysis of all randomised controlled trials that compare non-steroidal anti-inflammatory drugs head to head or with placebo while fully respecting randomisation.^{8,9} We analysed the cardiovascular safety of non-steroidal anti-inflammatory drugs by integrating all available direct and indirect evidence in network meta-analyses.

METHODS

We considered large scale randomised controlled trials comparing any non-steroidal anti-inflammatory drug with other non-steroidal anti-inflammatory drugs, paracetamol (acetaminophen), or placebo for any medical condition. To be included, trials required at least two arms with at least 100 patient years of follow-up. In the case of trials with several arms, we included only arms with at least 100 patient years of follow-up. We excluded trials in patients with cancer. For an intervention to be included in our analyses, at least 10 patients allocated to

the intervention had to have had a myocardial infarction in all eligible trials combined.

Trial identification and data collection

We searched bibliographic databases, relevant conference proceedings, study registers, and the FDA website, manually searched reference lists of relevant articles, and retrieved reports citing relevant articles through the Science Citation Index (see web extra appendix 1). The search was last updated in July 2009. Two investigators independently assessed trials for eligibility and extracted data. If a trial was covered in more than one report we used a hierarchy of data sources: reports to the FDA, peer reviewed articles, reports from the web based repository for results of clinical studies www.clinicalstudyresults.org, published abstracts, and other sources, such as trial websites. Finally, we contacted all authors of primary trial reports and manufacturers of relevant non-steroidal anti-inflammatory drugs (Pfizer, Merck, Novartis) for missing outcome data. One independent investigator¹⁰ and two manufacturers (Pfizer and Novartis) provided additional information.

Outcome measures

The prespecified primary outcome was fatal or non-fatal myocardial infarction. Secondary outcomes were haemorrhagic or ischaemic fatal or non-fatal stroke; cardiovascular death, defined as any death due to cardiovascular causes (for example, myocardial infarction, low output failure, fatal arrhythmia, pulmonary embolism, stroke), and death of unknown cause; death from any cause; and the Antiplatelet Trialists' Collaboration composite outcome¹¹ of non-fatal myocardial infarction, non-fatal stroke, or cardiovascular death.

Statistical analysis

Whenever possible we used results from intention to treat analysis of the longest follow-up available. We excluded comparisons with zero events in both groups from the relevant analysis since such comparisons provide no information on the magnitude of the treatment effect.¹² We used a Bayesian random effects model, which fully preserves randomised treatment comparisons within trials.^{9 13 14} Analyses were done using Markov chain Monte Carlo methods with minimally informative prior distributions. As measures of treatment effects, we calculated rate ratios based on patient years. We estimated rate ratios from the median of the posterior distribution as well as corresponding 95% credibility intervals. In the presence of minimally informative priors, credibility intervals can be interpreted like conventional confidence intervals. Rate ratios below 1 indicate a detrimental effect of the control intervention throughout. Finally, we calculated confidence levels, defined as the posterior probability that an increase in risk is smaller than a specified threshold.¹⁵ Confidence levels take into account both the magnitude of the pooled rate ratio and the corresponding uncertainty. Precise estimates are more

informative and result in sharp increases in the confidence that the rate ratio of a drug does not exceed a specified threshold. When the specified threshold of the rate ratio increases, imprecise estimates that are based on low numbers of events are uninformative and lead to slow increases in confidence and relevant uncertainty even for large rate ratios. We prespecified a rate ratio of 1.3 as the primary threshold, which was used as non-inferiority margin in the Multinational Etoricoxib and Diclofenac Arthritis Long-term (MEDAL) programme.¹⁶ We used linear regression to test for each outcome whether there was any association with cyclo-oxygenase-2 selectivity (data only shown in web extra appendix 2).

We assessed the goodness of fit of the model to the data by calculating the residual deviance,⁹ the heterogeneity of treatment effects estimated from the median between trial variance τ^2 observed in the posterior distribution, and the consistency of the network determined by use of inconsistency factors,¹⁷ defined as the difference in log rate ratios derived from direct and indirect comparisons. To check the robustness of our analyses, we calculated Bayesian random effects meta-analyses for all available direct comparisons and carried out several sensitivity analyses, including a restriction to trials in patients with musculoskeletal conditions (data shown in web extra appendix 2). For all analyses we used Stata release 10, and WinBUGS version 1.4 (MRC Biostatistics Unit, Cambridge, UK). Web extra appendix 1 provides further details of the methods used.

RESULTS

Thirty one randomised controlled trials evaluating seven different non-steroidal anti-inflammatory drugs were included in the analyses (table 1, fig 1). Celecoxib

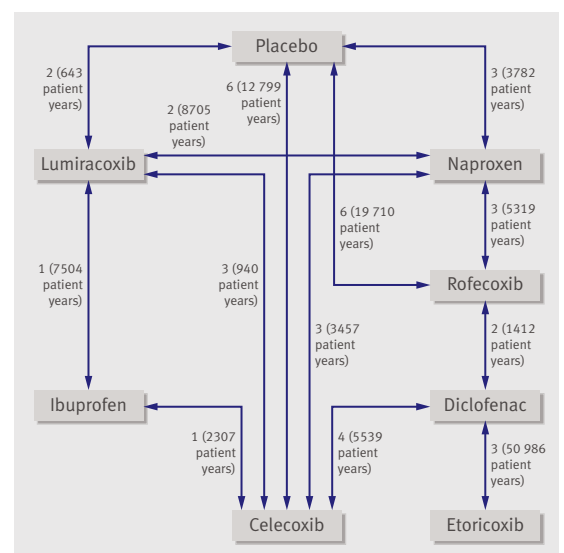


Fig 1 | Network of comparisons included in analyses. Solid lines represent direct comparisons within randomised controlled trials. Numbers denote trials comparing corresponding interventions, with overall number of patient years of follow-up in brackets

was investigated most (15 trials) and compared with five different interventions. Ibuprofen was evaluated least (two trials) and compared with two different interventions, whereas etoricoxib was evaluated in three trials but compared with only one intervention. Etoricoxib and diclofenac had the largest number of patient years of follow-up (26 025 and 27 819 overall, respectively), whereas ibuprofen had the lowest number of patient years of follow-up (4832 overall). In total, 116 429 patients with 117 218 patient years of follow-up were covered in the analysis of the primary outcome (table 2). The methodological quality of included trials was generally high with all but two having adequate concealment of allocation, all having adequate blinding of patients and investigators, 16 having independent event adjudication, and 13 including all randomised patients in the analysis (table 1).

Myocardial infarction

Twenty nine trials with 554 accumulated events contributed to the analysis of myocardial infarction (table 2). For three of the preparations (naproxen, diclofenac, and etoricoxib) evidence was lacking for an increased risk of myocardial infarction compared with placebo (fig 2). All other drugs seemed to be associated with an increased risk compared with placebo. Estimated rate ratios were greater than 1.3 for ibuprofen (1.61, 95% credibility interval 0.50 to 5.77), celecoxib (1.35, 0.71 to 2.72), rofecoxib (2.12, 1.26 to 3.56), and lumiracoxib (2.00, 0.71 to 6.21).

Stroke

Twenty six trials with 377 accumulated events contributed to the analysis of stroke (table 2). All drugs seemed to be associated with an increased risk compared with placebo (fig 2). Estimated rate ratios were greater than 1.3 for naproxen (1.76, 0.91 to 3.33), ibuprofen (3.36, 1.00 to 11.60), diclofenac (2.86, 1.09 to 8.36), etoricoxib (2.67, 0.82 to 8.72), and lumiracoxib (2.81, 1.05 to 7.48).

Cardiovascular death

Twenty six trials with 312 accumulated events contributed to the analysis of cardiovascular death, accounting for 46% of all deaths (table 2). All drugs except naproxen showed some evidence for an increased risk of cardiovascular death compared with placebo (fig 2). The estimated rate ratios for cardiovascular death were greater than 1.3 for ibuprofen (2.39, 0.69 to 8.64), diclofenac (3.98, 1.48 to 12.70), celecoxib (2.07, 0.98 to 4.55), etoricoxib (4.07, 1.23 to 15.70), rofecoxib (1.58, 0.88 to 2.84), and lumiracoxib (1.89, 0.64 to 7.09).

Death from any cause

Twenty eight trials with 676 accumulated events contributed to the analysis on overall mortality (table 2). All the drugs seemed to be associated with increased risks of death from any cause compared with placebo (fig 2). The estimated rate ratios were greater than 1.3

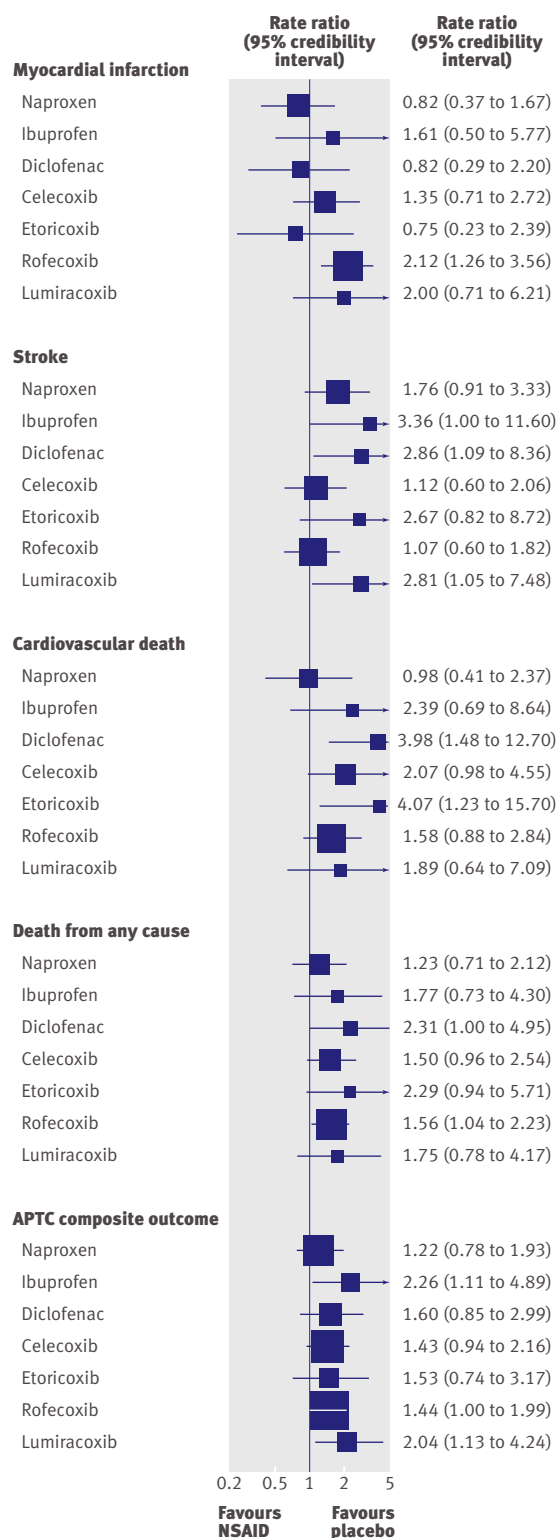


Fig 2 Estimates of rate ratios for non-steroidal anti-inflammatory drugs compared with placebo. NSAID=non-steroidal anti-inflammatory drug; APTC=Antiplatelet Trialists' Collaboration

for ibuprofen (1.77, 0.73 to 4.30), diclofenac (2.31, 1.00 to 4.95), celecoxib (1.50, 0.96 to 2.54), etoricoxib (2.29, 0.94 to 5.71), rofecoxib (1.56, 1.04 to 2.23), and lumiracoxib (1.75, 0.78 to 4.17).

Table 1 | Characteristics of included trials

Trial	Interventions	Population	No of patients*	Follow-up (weeks)	Low dose aspirin allowed	Concealed allocation†	Blinding‡	Events adjudicated§	Intention to treat	Source
ADAPT	Placebo v naproxen (440 mg/d) v celecoxib (400 mg/d)	At risk for Alzheimer disease	2528	198	Yes	Yes	Yes	Yes	Yes	Journal article, ^{w1} trial website ^{w2}
Aisen 2003	Placebo v naproxen (440 mg/d) v rofecoxib (25 mg/d)	Alzheimer disease	351	60	Yes	Yes	Yes	No	Yes	Journal article, ^{w3} personal communication ^{w4}
Geusens 2004	Placebo v naproxen (1000 mg/d) v lumiracoxib (200, 400 mg/d)	Rheumatoid arthritis	1124	26	Yes	Yes	Yes	No	Yes	Journal article, ^{w5} personal communication ^{w6 w7}
APC	Placebo v celecoxib (400, 800 mg/d)	Adenomatous polyps (colon)	2035	160	Yes	Yes	Yes	Yes	Yes	Journal article, ^{w8} study register ^{w9}
GAIT	Placebo v celecoxib (200 mg/d)	Osteoarthritis	631	24	No	Yes	Yes	No	Yes	Journal article ^{w10}
IQ5-97-02-001	Placebo v celecoxib (400 mg/d)	At risk for Alzheimer disease	425	52	Yes	Yes	Yes	No	No	FDA reports, ^{w11} study register, ^{w12} personal communication ^{w13 w14}
PreSAP	Placebo v celecoxib (400 mg/d)	Adenomatous polyps (colon)	1561	159	Yes	Yes	Yes	Yes	Yes	Journal article, ^{w15} personal communication ^{w13 w14}
Lehmann 2005	Placebo v celecoxib (200 mg/d) v lumiracoxib (100 mg/d)	Osteoarthritis	1684	13	Yes	Yes	Yes	Yes	Yes	Journal article, ^{w16} personal communication ^{w6 w7}
APPROVe	Placebo v rofecoxib (25 mg/d)	Adenomatous polyps (colon)	2586	229	Yes	Unclear	Yes	Yes	Yes	Journal article ^{w17}
Reines 2004	Placebo v rofecoxib (25 mg/d)	Alzheimer disease	692	65	Unclear	Yes	Yes	Yes	Yes	FDA reports ^{w18}
Thal 2005	Placebo v rofecoxib (25 mg/d)	At risk for Alzheimer disease	1457	210	Yes	Yes	Yes	Yes	Yes	Journal article ^{w19}
VICTOR	Placebo v rofecoxib (25 mg/d)	Adjuvant (colon cancer)	2327	235	Yes	Yes	Yes	Yes	No	FDA reports, ^{w18} journal article, ^{w20} study register, ^{w21} trial website ^{w22}
ViP	Placebo v rofecoxib (25 mg/d)	At risk for prostate cancer	4741	75	Yes	Yes	Yes	Yes	Yes	Study register ^{w23}
A3191152	Naproxen (1000 mg/d) v celecoxib (200 mg/d)	Osteoarthritis	589	26	Yes	Yes	Yes	No	No	Study register ^{w24}
SUCCESS-1 (USA/Canada)	Naproxen (1000 mg/d) v celecoxib (200, 400 mg/d)	Osteoarthritis	2736	12	Yes	Yes	Yes	No	No	Journal article, ^{w25} study register, ^{w26} personal communication ^{w13 w14}
ADVANTAGE	Naproxen (1000 mg/d) v rofecoxib (25 mg/d)	Osteoarthritis	5557	14	Yes	Unclear	Yes	Yes	No	FDA reports, ^{w18 w27} journal article ^{w28 w29}
VIGOR	Naproxen (1000 mg/d) v rofecoxib (50 mg/d)	Rheumatoid arthritis	8076	54	No	Yes	Yes	Yes	Yes	FDA reports, ^{w18 w27 w30} journal article ^{w31}
TARGET (0117)	Naproxen (1000 mg/d) v lumiracoxib (400 mg/d)	Osteoarthritis	9511	56	Yes	Yes	Yes	Yes	No	FDA reports, ^{w32} journal article, ^{w33} personal communication ^{w6 w7}
CLASS (N49-98-02-035)	Ibuprofen (2400 mg/d) v celecoxib (800 mg/d)	Osteoarthritis and rheumatoid arthritis	3975	65	Yes	Yes	Yes	No	No	FDA reports, ^{w11 w34 w35} personal communication ^{w13 w14}
TARGET (2332)	Ibuprofen (2400 mg/d) v lumiracoxib (400 mg/d)	Osteoarthritis	8814	56	Yes	Yes	Yes	Yes	No	FDA reports, ^{w23} journal article, ^{w33} personal communication ^{w6 w7}
CAESAR	Diclofenac (100 mg/d) v celecoxib (200 mg/d)	Osteoarthritis	916	52	Yes	Yes	Yes	No	No	FDA reports, ^{w11} study register, ^{w36} conference abstract, ^{w37} personal communication ^{w13 w14}
CLASS (N49-98-02-102)	Diclofenac (150 mg/d) v celecoxib (800 mg/d)	Osteoarthritis and rheumatoid arthritis	3993	52	Yes	Yes	Yes	No	No	FDA reports, ^{w11 w34 w35} personal communication ^{w13 w14}
Emery 1999	Diclofenac (150 mg/d) v celecoxib (400 mg/d)	Rheumatoid arthritis	655	24	No	Yes	Yes	No	No	Journal article, ^{w38} personal communication ^{w13 w14}
SUCCESS-1 (World)	Diclofenac (100 mg/d) v celecoxib (200, 400 mg/d)	Osteoarthritis	10458	12	Yes	Yes	Yes	No	No	Journal article, ^{w25} study register, ^{w26} personal communication ^{w13 w14}
EDGE	Diclofenac (150 mg/d) v etoricoxib (90 mg/d)	Osteoarthritis	7111	73	Yes	Yes	Yes	Yes	No	FDA reports, ^{w39} journal article ^{w40}
EDGE II	Diclofenac (150 mg/d) v etoricoxib (90 mg/d)	Rheumatoid arthritis	4086	150	Yes	Yes	Yes	Yes	No	Journal article ^{w41}
MEDAL	Diclofenac (150 mg/d) v etoricoxib (60, 90 mg/d)	Osteoarthritis and rheumatoid arthritis	23498	176	Yes	Yes	Yes	Yes	No	Journal article ^{w42}
Cannon 2000	Diclofenac (150 mg/d) v rofecoxib (12.5, 25 mg/d)	Osteoarthritis	784	52	No	Yes	Yes	No	No	FDA reports, ^{w43 w44} journal article ^{w45}
Saag 2000	Diclofenac (150 mg/d) v rofecoxib (12.5, 25 mg/d)	Osteoarthritis	693	54	No	Yes	Yes	No	No	FDA reports, ^{w43 w44} journal article ^{w46}
Fleischmann 2003**	Celecoxib (200 mg/d) v lumiracoxib (200, 400 mg/d)	Osteoarthritis	1376	13	Yes	Yes	Yes	No	No	Journal article, ^{w47} personal communication ^{w6 w7}
Tannenbaum 2004**	Celecoxib (200 mg/d) v lumiracoxib (200, 400 mg/d)	Osteoarthritis	1459	13	Yes	Yes	Yes	No	Yes	Journal article, ^{w48} personal communication ^{w6 w7}

FDA=US Food and Drug Administration. See web extra appendix 3 for full names of trials and references to sources.

*Number of randomised patients of included trial arms.

†Yes if investigators responsible for patient selection were unable to suspect before allocation which treatment was next in line (central randomisation, sequentially numbered, sealed, opaque assignment envelopes, coded drug packs).

‡Yes if drugs looked similar (for example, matching placebo) or double dummy was used.

§Relates to myocardial infarctions only. See web extra appendix 2 for more detailed description of external adjudication of events in individual trials.

¶Yes if all randomised patients were included in analysis.

**Placebo arm excluded (<100 patient years of follow-up).

Table 2 | Number of events by randomised intervention for each outcome

Trial	Intervention	Patient years*	Myocardial infarction†	Stroke‡	Cardiovascular death	Death‡	APTC composite outcome
ADAPT	Placebo	1982	13	7	3	12	22
ADAPT	Naproxen	1332	13	10	3	11	23
ADAPT	Celecoxib	1346	8	7	4	9	17
Aisen 2003	Placebo	115	1	1	1	1	2
Aisen 2003	Naproxen	124	0	5	1	1	6
Aisen 2003	Rofecoxib	126	3	4	2	2	7
Geusens 2004	Placebo	111	0	1	0	0	1
Geusens 2004	Naproxen	118	0	0	0	0	0
Geusens 2004	Lumiracoxib	234	2	3	2	2	6
APC	Placebo	1558	3	3	1	6	7
APC	Celecoxib	3124	18	8	11	18	37
GAIT	Placebo	140	NA	NA	0	0	NA
GAIT	Celecoxib	146	NA	NA	0	0	NA
IQ5-97-02-001	Placebo	120	0	3	2	4	3
IQ5-97-02-001	Celecoxib	285	2	7	8	13	12
PreSAP	Placebo	1570	4	7	4	7	12
PreSAP	Celecoxib	2331	9	9	4	11	21
Lehmann 2005	Placebo	98	1	0	0	0	1
Lehmann 2005	Celecoxib	99	0	0	0	0	0
Lehmann 2005	Lumiracoxib	200	0	1	1	1	2
APPROVe	Placebo	5711	18	9	13	28	34
APPROVe	Rofecoxib	5658	34	19	16	36	59
Reines 2004	Placebo	293	4	5	3	8	12
Reines 2004	Rofecoxib	273	2	1	4	14	4
Thal 2005	Placebo	1820	13	15	3	20	28
Thal 2005	Rofecoxib	1599	22	7	13	41	33
VICTOR	Placebo	986	1	3	3	NA	6
VICTOR	Rofecoxib	928	6	3	4	NA	9
ViP	Placebo	1102	5	3	3	4	9
ViP	Rofecoxib	1099	6	2	1	3	8
A3191152	Naproxen	130	0	0	0	0	0
A3191152	Celecoxib	131	0	0	0	0	0
SUCCESS-1 (USA/Canada)	Naproxen	165	1	2	0	0	3
SUCCESS-1 (USA/Canada)	Celecoxib	353	4	2	1	1	4
ADVANTAGE	Naproxen	526	1	6	0	4	7
ADVANTAGE	Rofecoxib	528	5	1	4	5	10
VIGOR	Naproxen	2008	4	9	7	15	17
VIGOR	Rofecoxib	2007	20	11	9	22	34
TARGET (0117)	Naproxen	4156	7	13	8	11	27
TARGET (0117)	Lumiracoxib	4197	15	17	11	14	40
CLASS (N49-98-02-035)	Ibuprofen	1123	9	6	6	8	17
CLASS (N49-98-02-035)	Celecoxib	1184	9	2	6	9	13
TARGET (2332)	Ibuprofen	3709	5	9	10	15	23
TARGET (2332)	Lumiracoxib	3795	5	8	8	13	19
CAESAR	Diclofenac	432	5	5	4	5	12
CAESAR	Celecoxib	415	4	1	5	6	8
CLASS (N49-98-02-102)	Diclofenac	1081	5	6	7	9	16
CLASS (N49-98-02-102)	Celecoxib	1136	10	2	6	10	17
Emery 1999	Diclofenac	125	0	0	0	0	0
Emery 1999	Celecoxib	133	1	0	0	1	1
SUCCESS-1 (World)	Diclofenac	745	0	4	4	5	4
SUCCESS-1 (World)	Celecoxib	1472	6	6	1	4	12
EDGE	Diclofenac	2607	11	6	4	8	12
EDGE	Etoricoxib	2789	19	4	5	10	25
EDGE II	Diclofenac	3251	25	12	7	18	42

Trial	Intervention	Patient years*	Myocardial infarction†	Stroke†	Cardiovascular death	Death‡	APTC composite outcome
EDGE II	Etoricoxib	3266	14	9	7	24	30
MEDAL	Diclofenac	19 103	88	42	38	105	149
MEDAL	Etoricoxib	19 970	84	48	39	95	154
Cannon 2000	Diclofenac	256	1	1	2	2	4
Cannon 2000	Rofecoxib	494	2	0	1	1	3
Saag 2000	Diclofenac	219	1	1	2	4	2
Saag 2000	Rofecoxib	443	2	1	0	0	3
Fleischmann 2003	Celecoxib	99	0	0	0	0	0
Fleischmann 2003	Lumiracoxib	207	2	0	0	0	2
Tannenbaum 2004	Celecoxib	110	0	0	0	0	NA
Tannenbaum 2004	Lumiracoxib	225	1	0	0	0	NA
Overall		117 218	554	377	312	676	1091

APTC=Antiplatelet Trialists' Collaboration; NA=not available. See web extra appendix 3 for full names of trials.

*Slightly different numbers of patient years might be used for analysis of each outcome but only number of patient years for primary outcome "incidence of myocardial infarction" is provided here.

†Includes fatal and non-fatal events.

‡Death from any cause.

Antiplatelet Trialists' Collaboration composite outcome

Thirty trials with 1091 accumulated events contributed to the analysis on the Antiplatelet Trialists' Collaboration composite outcome (table 2). All drugs seemed to be associated with increased risks of the composite of non-fatal myocardial infarction, non-fatal stroke, or cardiovascular death compared with placebo (fig 2). The estimated rate ratios were greater than 1.3 for ibuprofen (2.26, 1.11 to 4.89), diclofenac (1.60, 0.85 to 2.99), celecoxib (1.43, 0.94 to 2.16), etoricoxib (1.53, 0.74 to 3.17), rofecoxib (1.44, 1.00 to 1.99), and lumiracoxib (2.04, 1.13 to 4.24). Figure 3 presents an overview of pairwise comparisons (rate ratios with 95% credibility intervals) of all drugs on all outcomes.

Posterior probabilities

Figure 4 presents posterior probability curves with resulting confidence levels for the different drugs compared with placebo and different outcomes. For example, the probability that rofecoxib increases the risk of myocardial infarction by less than 30% is 3% or conversely there is 97% confidence that rofecoxib increases the risk by at least 30% (corresponding to a rate ratio of 1.3). The curves can also be used to examine the overall pattern of available evidence of a specific drug. For example, the relatively steep increases in all but one of the posterior probability curves for naproxen points to the robust evidence available for naproxen. In contrast, the relatively flat curves for etoricoxib indicate a relative lack of available evidence. However, the mostly large effects seen for etoricoxib (indicated by the right shift of the curves) nevertheless allow conclusions for clinically relevant risk increases.

Evaluation of models, variation, and sensitivity analyses

The model fit was good for all outcomes (see web extra appendix 2). Estimates of statistical heterogeneity between direct comparisons were generally low, except for myocardial infarction (range of τ^2 across outcomes: 0.03 to 0.12; see web extra appendix 2). Inconsistency between direct and indirect comparisons was

low for all outcomes (range of median inconsistency factors 2% to 29%; see web extra appendix 2). However, given the relatively low number of trials and events, relevant heterogeneity or inconsistency between trials could not be ruled out. Detailed results of the sensitivity analyses are presented in web extra appendix 2: results were all compatible with main analyses. Many of the estimates were imprecise, however, and do not allow for firm conclusions to be drawn.

DISCUSSION

In this network meta-analysis of cardiovascular safety data of seven non-steroidal anti-inflammatory drugs and placebo, naproxen seemed least harmful (fig 3). Safety profiles of individual drugs varied considerably depending on the outcome, and estimated rate ratios for comparisons with placebo were generally imprecise. Non-steroidal anti-inflammatory drugs are mainly used for symptomatic treatment of musculoskeletal conditions. Clearly, as for any symptomatic treatment, doing more harm than good with this class of drugs should be avoided (*primum non nocere*). Taking this into account, we presented confidence levels (fig 4), which can be interpreted as confidence that a drug is associated with an increase in risk that is smaller than a specified threshold. For the primary outcome of myocardial infarction, the confidence that the increase in risk associated with the evaluated non-steroidal anti-inflammatory drugs does not exceed 30% (the risk increase used as non-inferiority margin in the Multinational Etoricoxib and Diclofenac Arthritis Long-term programme¹⁶) is sufficiently high only for naproxen. Conversely, we are confident that several other drugs—ibuprofen, diclofenac, etoricoxib, and lumiracoxib—are associated with a risk increase of more than 30% on several cardiovascular outcomes.

Although our analysis covered more than 100 000 patient years of follow-up, the number of events for most outcomes was low and our estimates of rate ratios imprecise, as indicated by wide credibility intervals. Given the low event rates in the included trials,

establishing the cardiovascular safety of a preparation with sufficient precision would require a trial with more than 100 000 patients followed up for at least one year. Such a large trial may be difficult to carry out, considering the limited amount of funding available and the inherent ethical problems. Although

estimated rate ratios indicated harmful effects in most drugs on the majority of outcomes, conventional levels of statistical significance were reached in about 30% of comparisons with placebo. Absence of statistically robust evidence of a harmful effect should not be confused with evidence of absence of cardiovascular

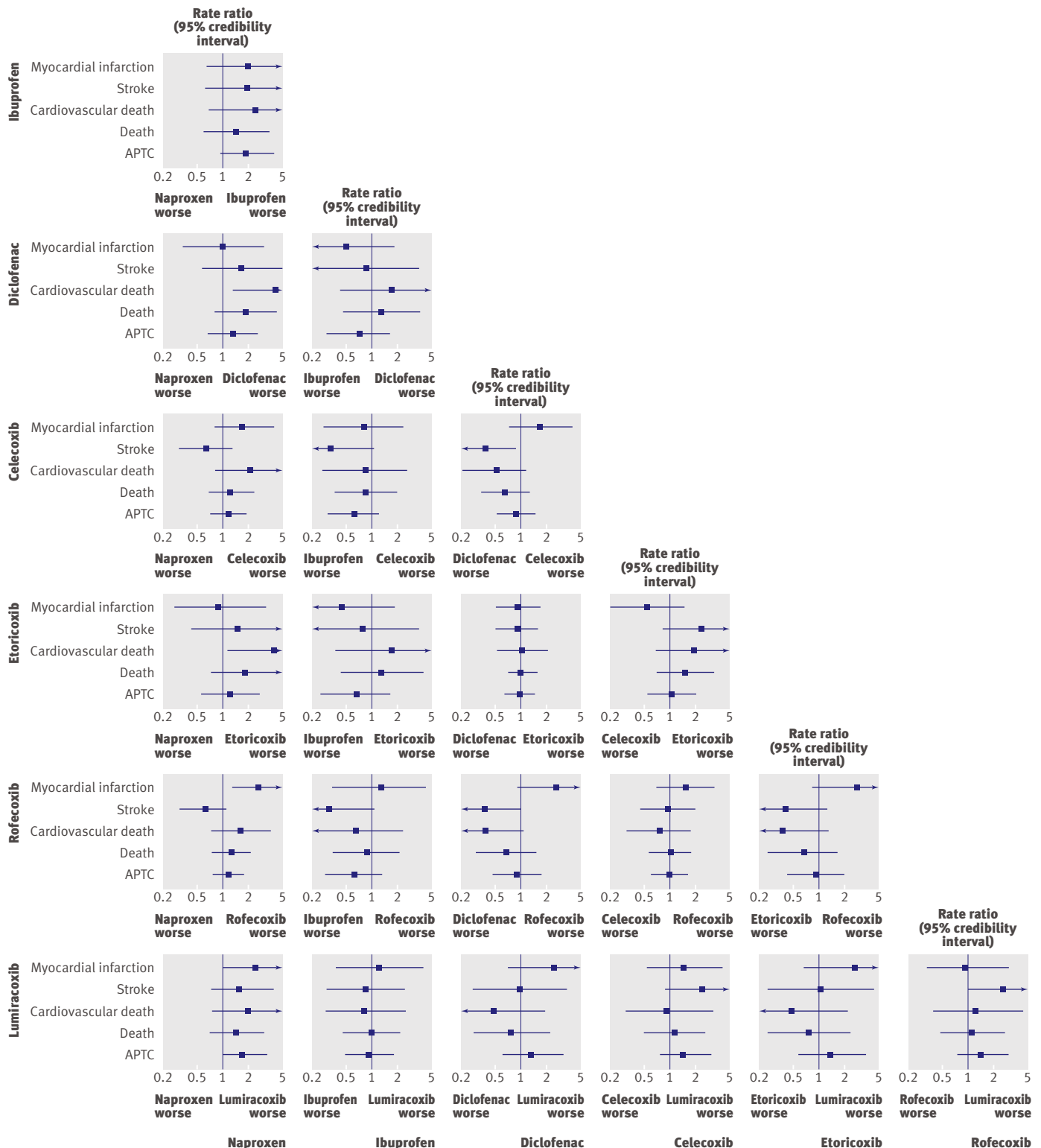


Fig 3 | Estimates of rate ratios for all possible comparisons of non-steroidal anti-inflammatory drugs. APTC=Antiplatelet Trialists' Collaboration composite outcome

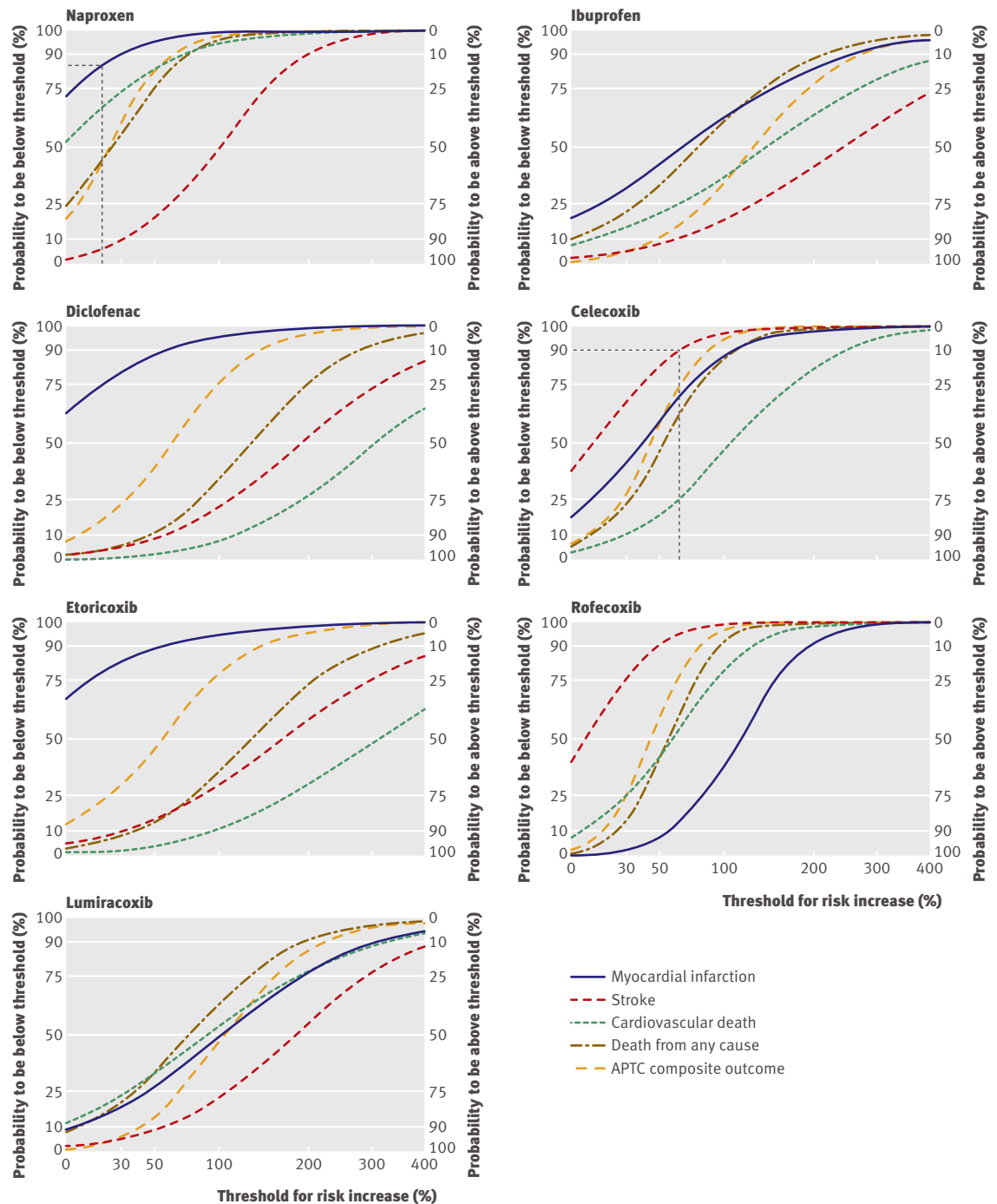


Fig 4 | Posterior probabilities for specified rate ratios. Curves can be used to extract a probability corresponding to a specified minimally clinically relevant rate ratio or to extract a minimal rate ratio corresponding to a specified probability or confidence level. For example, an increase in risk for myocardial infarction of at least 20% (rate ratio of at least 1.2) may be considered clinically relevant. The curve for naproxen indicates that the probability of the drug being associated with a rate ratio below this threshold is about 83%. Conversely, a probability of 90% may be considered as appropriate evidence for the outcome stroke. The curve for celecoxib indicates that someone can be 90% confident that celecoxib increases the risk for stroke by no more than 65% (rate ratio of 1.65). APTC=Antiplatelet Trialists' Collaboration

toxicity for the evaluated drugs.¹⁸ Posterior probabilities may increase our understanding of cardiovascular safety data in this situation and allow for different notions about what constitutes a clinically relevant increase in risk. Most will agree that a rate ratio of 1.3 indicates a clinically relevant increase in risk as was

used as the upper bound of the non-inferiority margin by studies in the Multinational Etoricoxib and Diclofenac Arthritis Long-term programme,¹⁶ and we are confident that several drugs are associated with a risk increase higher than this margin for several outcomes.

Some may argue that absolute rates of events were low and clinically irrelevant, despite increases in rate ratios. Event rates in the included trials are considerably lower than in routine clinical settings.⁴ Numbers needed to harm are therefore lower in routine settings than in most trial populations. The estimated rate ratios observed in our study will translate into clinically relevant numbers needed to harm in most routine populations of patients taking non-steroidal anti-inflammatory drugs, who are typically at moderate to high risks for cardiovascular events.¹⁹

Strengths and weaknesses of the meta-analysis

Our analysis has several limitations. Firstly, we were unable to consider all non-steroidal anti-inflammatory drugs in our analysis: large scale randomised controlled trials are lacking for most of the older drugs and even for some newer ones, such as valdecoxib or meloxicam. Nevertheless, we were able to include all relevant cyclo-oxygenase-2 inhibitors, except valdecoxib, and the three most commonly used traditional non-steroidal anti-inflammatory drugs.^{20,21} By disregarding small studies we minimised the risk of small study effects.²² Small studies would have had minimal impact on the analysis anyway, because of low numbers of events.²³ Secondly, we were able to obtain unpublished data only for the trials of celecoxib and lumiracoxib, whereas Merck, the manufacturer of rofecoxib and etoricoxib, was not willing to provide unpublished safety data. Therefore some data were missing for trials sponsored by Merck. This is disconcerting in the light of the safety concerns raised by our analysis for both drugs, rofecoxib and etoricoxib, manufactured by Merck. Thirdly, the quality of our analysis is limited by the quality of the underlying data. Although the methodological quality of included trials was generally satisfactory, the quality of reporting was often less than optimal²⁴ and we found discrepancies in the reported number of events between different sources of information for major trials including ADVANTAGE (Assessment of Differences between Vioxx and Naproxen To Ascertain Gastrointestinal Tolerability and Effectiveness), VIGOR (Vioxx Gastrointestinal Outcomes Research), and APPROVE (Adenomatous Polyp Prevention on Vioxx).^{3,25-27} Several trials lacked independent adjudication of events, therefore bias in either direction cannot be excluded, including bias towards the null owing to non-differential misclassification of events or assessor bias in trials without independent adjudication.^{4,23} Nevertheless, the analysis restricted to trials with independent adjudication of events supported the robustness of our main analysis (see web extra appendix 2). Fourthly, one study explored the effects of dosage and regimen in a pooled analysis of six randomised placebo controlled trials of celecoxib and found that lower dosages and once daily regimens that avoided continuous interference of the drug with prostaglandin metabolism were associated with lower relative risks for the cardiovascular composite outcome than higher dosages and twice daily regimens.²⁸ We were unable

to satisfactorily deal with these matters in our analysis mainly because of the complexity of the network and the low number of patients treated with low dosages. In addition, regimens used in clinical practice might differ from the regimens used in the included clinical trials. Intermittent usage seems to be more common in clinical practice than the chronic long term usage in the trials, resulting in less intense drug use.²⁹ Because none of the trials used intermittent regimens and drugs were used for at least one year in most of the trials we were unable to investigate the impact of drug use on cardiovascular outcomes. Data from the General Practice Research Database indicate, however, that about half of the patients have patterns of drug intake comparable to those evaluated in the trials included in this network meta-analysis,²⁹ and we submit that the results of our study are applicable to these patients. Finally, we carried out several sensitivity analyses to determine the robustness of the results. Unfortunately, owing to the low number of accumulated events, estimates from these analyses were imprecise and do not allow any meaningful conclusion. This is particularly true for the analysis restricted to patients with musculoskeletal conditions: many of the point estimates could not be derived at all and others seemed to contradict the main results, but credibility intervals were compatible with both, major benefits or detrimental harms.

We used a comprehensive search strategy and searched pertinent sources to retrieve potentially eligible randomised controlled trials.³⁰ It therefore seems unlikely that we missed any relevant trial. Using network meta-analysis we were able to integrate all available randomised evidence on the cardiovascular safety of non-steroidal anti-inflammatory drugs in one analysis while fully preserving randomisation.³¹ The integration of direct and indirect comparisons results in a gain of statistical precision compared with previous analyses^{4,23} and allows for formal comparisons of non-steroidal anti-inflammatory drugs with placebo. In the most comprehensive analysis to date, one study compared five cyclo-oxygenase-2 selective inhibitors with placebo using conventional techniques.²³ They found all estimates of relative risks of cardiovascular death imprecise and largely overlapping the null effect line, compatible with substantial harms or benefits. In contrast, our estimates were more precise compared with that study, which estimated a nearly identical rate ratio for the comparison of etoricoxib and placebo for the outcome cardiovascular death (rate ratio 4.4 *v* 4.07 in our analysis). However, the confidence interval in that meta-analysis ranged from 0.2 to 119 whereas our credibility interval ranged from 1.23 to 15.7, providing stronger evidence for increases in the risk of cardiovascular death. Also, wide confidence intervals around estimates for lumiracoxib did not allow for a conclusion on any of the outcomes in their analysis. In contrast, our analysis provided smaller intervals, and posterior probabilities indicated a high probability that lumiracoxib is associated with a clinically relevant increase in risk of cardiovascular outcomes.

WHAT IS ALREADY KNOWN ON THIS TOPIC

Non-steroidal anti-inflammatory drugs (NSAIDs) have been the cornerstone of managing pain from osteoarthritis and other conditions

Debate surrounds the cardiovascular safety of cyclo-oxygenase-2 selective inhibitors, with similar concerns about traditional NSAIDs, leading to non-approval and withdrawal of newer preparations

Several meta-analyses were unable to resolve the debate because they failed to integrate all available randomised evidence in one analysis

WHAT THIS STUDY ADDS

Among the seven NSAIDs analysed, naproxen seemed least harmful for cardiovascular safety

Safety profiles of individual drugs varied considerably depending on the outcome

The estimated rate ratios for comparisons with placebo were generally imprecise

Comparison with other studies

Our study confirms previous notions of regulatory bodies, mainly based on observational evidence, that all non-steroidal anti-inflammatory drugs are associated with an increased risk of cardiovascular adverse effects.^{32,33} Observational evidence is likely to be affected by confounding by indication.³⁴ Our results are based on randomised evidence and we therefore believe that our study provides the best available evidence on the safety of this class of drugs. Nevertheless, our results are mostly compatible with the results of a meta-analysis of observational studies—for example, for naproxen, diclofenac, or rofecoxib—although some differences exist, especially for ibuprofen.⁵ Besides confounding by indication, these differences might be explained not only by differences in drug use between trials and observational studies²⁹ but also by the quality of observational studies, which lead to high heterogeneity between studies and a possible underestimation of effects.^{5,35}

We found no clear relation between specificity of cyclo-oxygenase-2 inhibitors and risk of cardiovascular events. This finding contrasts with previous claims that increased selectivity for cyclo-oxygenase-2 inhibitors is associated with increased cardiovascular risk.³⁶ Several mechanisms have been postulated, but the hypothesis of an imbalance between prostacyclin and thromboxane A₂ leading to an increased risk for thrombotic events gained most prominence.³⁷ However, the lack of a clear association between specificity of cyclo-oxygenase-2 inhibitors and cardiovascular risk implies that other mechanisms need to be considered. Multiple effects most probably contribute to the increased risk of cardiovascular events, including differential effects on prostacyclin and thromboxane A₂ synthesis,³⁷ endothelial function and nitric oxide production,³⁸ blood pressure,³⁹ volume retention and other renal effects.⁴⁰ In addition, differences in pharmacokinetics may contribute to the toxicity profile⁴¹; drugs with a long half life prescribed once daily (such as rofecoxib) and drugs with a shorter half life prescribed more than once daily (such as diclofenac) may be more likely to continuously interfere with the cyclo-

oxygenase system than drugs with a shorter half life prescribed once daily (such as celecoxib).²⁸

Implications and conclusions

The observation that cardiovascular risk is not clearly associated with specificity of cyclo-oxygenase-2 inhibitors implies that no prediction of cardiovascular risk can be made based on such specificity. Therefore the use of other non-steroidal anti-inflammatory drugs not covered by our analysis should be reconsidered, as well as the over the counter availability of non-steroidal anti-inflammatory drugs such as diclofenac or ibuprofen. In general, naproxen seems to be the safest analgesic for patients with osteoarthritis in cardiovascular terms but this advantage has to be weighed against gastrointestinal toxicity and the need for concomitant prescription of a proton pump inhibitor in many patients. In the light of the results of one study,²⁸ celecoxib 400 mg prescribed once daily may be considered as an alternative option. Other alternatives include paracetamol and opioids. Compared with placebo, however, paracetamol results in only a small reduction in pain and may be associated with clinically relevant hepatotoxicity, even in dosages recommended for musculoskeletal pain.^{42,43} The analgesic effect of opioids is somewhat more pronounced but outweighed by large increases in the risk of adverse events.⁴⁴ In conclusion, the options for the treatment of chronic musculoskeletal pain are limited and patients and clinicians need to be aware that cardiovascular risk needs to be taken into account when prescribing.

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